



# TAMAKI TAEKWON-DO

*International  
Taekwon-Do*

## OPEN NIGHT 2010

### Monday 06 September

Come try this exciting sport and martial art. Taekwon-Do is suitable for all ages and abilities. We cater for everyone from beginning to advanced levels, including special classes for children.

**BEGINNERS WELCOME**

**DEMONSTRATION NIGHT**

**Kids: 5.30 - 6.30pm**

Peewees: 4 - 7 years      Kids: 8 - 12 years

**Youth / Adults: 6.30 - 8pm**  
Age 13 years and upwards

**Drinks and nibbles from 8pm to 9pm**

**Academy Training Centre:** Mt Wellington Rugby Football Club  
Hamlin Park, Wilson Way, Mt Wellington, Auckland

**Contact:** 09 570 2446 // 021 1138644

[tamaki.tkd@gmail.com](mailto:tamaki.tkd@gmail.com) // [www.tamaki-tkd.org.nz](http://www.tamaki-tkd.org.nz)

MT WELLINGTON  
TAEKWON-DO ACADEMY

TAMAKI